

Enhancing opportunities for participation and social connection



Being connected and having meaningful relationships is critically important for our wellbeing as we age



90%

of older people engage in **cultural or recreational activity**



54%

of older people participated in some form of **voluntary work**

Elder abuse is a significant problem for some

Up to 10% of people aged 65+ will experience elder abuse

\$22 million

of funding over 4 years has been dedicated to elder abuse services in Budget20

Older people are digitally disadvantaged and risk exclusion

20%

of people who are 75+ live in a household where there are **no internet enabled devices**



Almost 25% of people aged 65+ do not use the internet

Ageism can be an issue

16% of women

aged 65-74 had experienced **some form of discrimination**, compared to 10% of men in the same age group

20%

of people think older people are a burden

Loneliness is an issue for some older people

People 75+ had the most significant decrease in face-to-face contact with friends

Older people are less likely than younger age groups to say they are lonely, however:

18.4% of those aged 75+ felt lonely at least some of the time

20% of people aged 50+ have felt invisible because of their age

